



SMALL CHANGES CAN MAKE A MAKE BIG DIFFERENCE

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Small changes in our daily habits can collectively result a significant difference to the health of our mother planet. Our vibrant sphere teeming with life is facing unprecedented environmental challenges due to most of our non-precise actions. The solution isn't some grand, unattainable gesture; it lies in small, consistent actions that yield the most impactful results. It's like when a tiny pebble tossed into a pond generates waves that spread far and wide. This article will explore the importance of these changes, emphasizing their relevance and the consequences of ignorance.



To begin with, consider the simple act of reducing your plastic consumption. Swapping disposable water bottles for reusable ones and opting for cloth bags instead of plastic ones at the grocery store. These might seem as insignificant on their own for most of us. However, imagine millions of people making these choices daily where the large gallons of plastic waste diverted from landfills and oceans drastically minimizes. Furthermore, reducing food wastage through storing left-overs for later use and producing organic compost through kitchen left-overs can be implemented.

On the other hand, energy conservation plays a vital role. This can be attained through simple actions like switching to energy-efficient light bulbs, unplugging electronics when not in use, and lowering our carbon footprint. Even seemingly minor actions, like taking shorter showers, can conserve vast amounts of water and energy. Thus, embracing sustainable transportation options, such as walking, cycling, or using public transport, over driving alone contributes to cleaner air and reduced traffic congestion.

Moreover, by consciously making Eco-friendly choices such as adopting a "reduce, reuse, recycle" mindset, individuals become more aware of their ecological footprint. This ripple effect can inspire communities and governments to prioritize sustainability, leading to meaningful systemic change.

In conclusion, the article focuses on small changes underscoring a powerful message: "small changes can make a big difference to our planet". Let's embrace these changes with enthusiasm as these small steps, taken together, pave the way for a healthier, more sustainable future for generations to come!

